



**Justin Jones-Fosu**

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Social Entrepreneur

## KEYNOTE

### **WORK TO A DIFFERENT BEAT**

**Own your mindset, meaning and performance at work and home.**

An inside-out approach powered by practical research that empowers your people to bring their best selves to work everyday. Using the African drum as a metaphor of bringing meaning, Justin creates a customized and unforgettable experience that will inspire your audience to take immediate action in how they show up.

#### **THIS PROGRAM IS PERFECT FOR:**

- *Leaders and teams who are looking to shift their mindset to accelerate productivity, manage stress effectively and recognize and enjoy more positive work and life moments.*
- *Association members, frontline employees, and leaders constantly challenged and stressed by having to do more with less.*
- *Human Resources and organizational leaders responsible for building resilience, productivity and engagement.*

#### **THE AUDIENCE WILL LEAVE WITH:**

- *An instantly applicable and personalized plan to take ownership of their work lives.*
- *An actionable understanding of the 4 Work Meaningful Quadrants and how to maximize productivity and positively impact their work life.*
- *A deeper commitment to self-development and practical skills to shift their mental rhythms at work and at home with the 3 Rhythm Model.*



**Please ask us about our Engaging Virtual Keynotes & Workshops.**

