



Justin Jones-Fosu

Keynote Speaker
Author of *Your WHY Matters NOW*
Social Entrepreneur

WORKSHOP

WORK TO A **DIFFERENT BEAT**

Own your mindset, meaning and performance at work and home

FORMAT: *Virtual, Conference Breakout, 2- 4 Hours, Full Day or Multi-Day*

An inside-out approach powered by practical research that empowers your people to bring their best selves to work everyday. Using the African drum as a metaphor of bringing meaning, Justin creates a customized and unforgettable experience that will inspire your audience to take immediate action in how they show up.

THIS PROGRAM IS PERFECT FOR:

- *Leaders and teams who are looking to shift their mindset to accelerate productivity, manage stress effectively and recognize and enjoy more positive work and life moments.*
- *Association members, frontline employees, and leaders constantly challenged and stressed by having to do more with less.*
- *Human Resources and organizational leaders responsible for building resilience, productivity and engagement.*

THE AUDIENCE WILL LEAVE WITH:

- *An instantly applicable and personalized plan to take ownership of their work lives.*
- *An actionable understanding of the 4 Work Meaningful Quadrants and how to maximize productivity and positively impact their work life.*
- *A deeper commitment to self-development and practical skills to shift their mental rhythms at work and at home with the 3 Rhythm Model.*



Please ask us about our Engaging Virtual Keynotes & Workshops.

